Stimjim: open source hardware for precise electrical stimulation

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Abstract

Electrical stimulation is a simple and powerful tool to perturb and evoke neuronal activity in order to understand the function of neurons and neural circuits. Despite this, devices that can provide precise current or voltage stimulation are expensive and closed-source. Here, we introduce Stimjim, a capable and inexpensive (\$200 USD) open-source instrument for electrical stimulation that combines both function generation and electrical isolation. Stimjim provides microsecond temporal resolution with microampere or millivolt scale precision 11 on two electrically isolated output channels. We demonstrate Stimjim's utility both in vitro by precisely stimu-13 lating brain slices, and in vivo by training mice to perform intracranial self-stimulation (ICSS) for brain stimu-15 lation reward. During ICSS, Stimjim enables the experimenter to smoothly tune the strength of reward-seeking 17 behavior by varying either the output frequency or amplitude. We envision Stimjim will enable new kinds of 19 experiments due to its open-source and scalable nature.

Introduction

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Electrical stimulation of neural tissue is an invaluable and ubiquitous research tool. Over the past 150 years, it has helped researchers understand the function of various brain regions by directly inducing neurons in those regions to fire $^{1;2;3}$. More recently, it has also found important clinical applications in neurological disorders including Parkinson's disease 4 and depression 5 . However, to date, the hardware for performing precise current- and voltage-based electrical stimulation generally remains expensive and closed source.

In contrast, there has been a recent push within the scientific community to produce open labware – open source hardware and software replacements for a variety of common laboratory tasks $^{6;7;8}$. Examples in the life sciences include software and hardware for:

• recording or stimulating neurons (e.g. Open Ephys^{9;10}, Miniscopes^{11;12;13;14}, and others^{15;16;17})

- amplifying DNA (e.g., OpenPCR ¹⁸)
- fluid control 19 and turbidostats 20;21;22
- microscopy ^{23;24;25;26} and microscope components ²⁷

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- plate readers and spectrophotometers ^{28;29}
- electroporation ³⁰
- ecological monitoring (e.g., Audiomoth ³¹)

We now add Stimjim to this growing body of open hardware. Stimjim replaces commercial neural stimulators at a fraction of the cost, with improved programmability. Furthermore, due to its entirely open design and software, Stimjim can be modified by users to fit their specific needs.

Results

Design. We developed Stimjim to be a precise, electrically isolated stimulus generator. Stimjim is based on the Teensy 3.5 microcontroller board (www.pjrc.com/teensy), which utilizes a 32-bit Arm Cortex-M4F processor running at 120 MHz. Each stimulating channel includes a current source based on an improved Howland current pump³², and a voltage source (an op-amp), driven by a 16-bit digital-to-analog converter (DAC). The final output of each channel is selected by a 4-way switch, such that either channel can be configured as a current output, voltage output, grounded, or disconnected. To ensure the stimulator is properly connected (a common issue with experiments in freely moving animals) and to verify required stimulus current or voltage amplitudes, each channel also has an analog-to-digital converter (ADC) able to read either the output voltage or the output current (via a low-value sense resistor in series with the current output). Our circuit board design was made using Kicad³³ (www.kicad-pcb.org), an open-source printed circuit board (PCB) design program. Schematic, layout, bill of materials, and build instructions are included as supplemental materials and are also available in the Stimjim git repository (bitbucket.org/natecermak/stimjim).

Stimjim's design compares favorably against alternatives (Table 1). It is an order of magnitude less expen-

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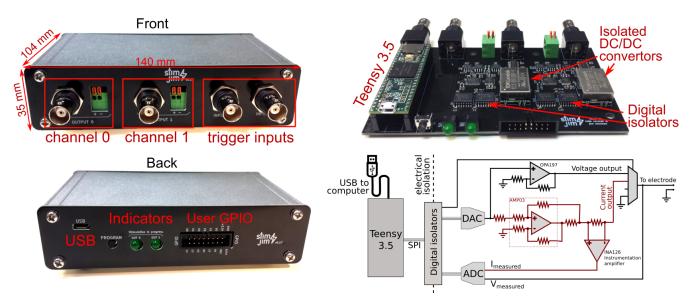


Figure 1: Stimjim is a compact, configurable, and precise stimulator. Stimjim has a compact footprint, measuring $104 \times 140 \times 35$ mm. The front panel (top left) includes BNC and push-terminal connectors for the outputs, and BNC connectors for inputs. On the back (lower left) are the USB connector (which also provides power), LED indicators for active stimulation, and a set of breakout pins for general purpose user input/output (GPIO). While we do do not demonstrate using these GPIO pins in this paper, we provide them for advanced users who may want them. The internal circuit board (top right) consists of a Teensy 3.5 and two electrically isolated output channels. Each output channel has its own isolated DC-DC power convertor and high-speed digitial isolators for communicating with the Teensy. The lower-left panel shows the basic circuit for each channel. A digital-to-analog convertor (DAC) provides the analog signal to both the current and voltage output circuits. The voltage output circuit consists of a non-inverting amplifier (OPA197 op-amp) with a gain of 1.5. The current output circuit is marked with red wires, and uses a difference amplifier (AMP03, which includes four internal $25 \text{ k}\Omega$ laser-trimmed resistors), with two external $3 \text{ k}\Omega$ 0.1% resistors. The current output circuit includes a small series resistor that enables measuring the output current with an onboard analog-to-digital convertor (ADC). A 4-way switch enables selecting the voltage output, current output, or grounding or disconnecting the output. The ADC can also measure the voltage at the output terminal.

sive than most commercial alternatives. Its only drawback is that its compliance voltage is lower, which limits the load resistance that Stimjim can drive. For a given resistance R, each Stimjim channel cannot output a current larger than $\frac{13.4\ \mathrm{V}}{R}$. Thus, Stimjim is not suitable for high-impedance electrodes such as pulled glass electrodes. Note however, that Stimjim's compliance voltage can be doubled to roughly $\pm 27\ \mathrm{V}$ by connecting the two channels in series. As a low-cost open-source device, Stimjim is perhaps most similar to PulsePal 2, an open-source programmable pulse generator ³⁴. However, it expands on PulsePal's capabilities by including electrical isolation, current output mode, and on-board monitoring of output currents/voltages. Further electrical characteristics of Stimjim are given in Table 2.

Stimjim's software is written in C++ using the the Arduino development environment. We provide an Arduino-compatible Stimjim library permitting low-level device control (writing registers in the DACs or ADCs, or setting the stimulation control mode). Library functions enable users to create new programs to run on Stimjim - for example, generation of custom waveform outputs stored on the onboard SD card. We also provide a default

program using this library that can generate user-defined pulse train sequences. Users set the parameters for pulse trains and read the measured pulse amplitudes via a 12 Mbit/s serial connection over USB. Pulse train parameters include output mode (current or voltage), frequency, duration, and the amplitude of each phase of the pulse itself. Stimjim can store definitions for 100 pulse trains concurrently, and users can select and initiate particular pulse trains on the fly.

Benchmarking. To benchmark Stimjim and our pulse train program, we generated a series of one-second biphasic pulse trains in which we varied the pulse frequency (from 2 Hz to 4000 Hz), pulse duration (from 20 μ s to 4000 μ s), and amplitude. We simultaneously recorded from both of Stimjim's output channels using a National Instruments PCI-6110 card (2 MHz sampling rate per channel, 4.9 mV resolution). One Stimjim channel was set to voltage mode and the other channel to current mode with a 9.86 k Ω resistor connected to the output.

Stimjim proved capable of providing microsecond temporal resolution and millivolt- and microampere- amplitude resolution. Across the tested range of stimulation

			STG400x	PHM-15x	ISO-01B
	$\operatorname{Stimjim}$	PulsePal 2	(Multichannel Systems)	(Med Associates)	(NPI)
Output channels	2	4	2-8	2	1
Stimulus generator included	Y	Y	Y	Y	N
Current output mode	Y	N	Y	Y	Y
Voltage output mode	Y	Y	Y	N	Y
Outputs electrically isolated	Y	N	Y	Y	Y
Onboard measurement	Y	N	N	Optional	Y^a
Compliance voltage	$\pm 15 \text{ V (voltage)}$	$\pm 10 \text{ V}$	±120 V	$\pm 45~\mathrm{V}$	±100 V
	$\pm 13.7 \text{ V}^b \text{ (current)}$				
Fastest pulse	$20~\mu \mathrm{s}$	$100~\mu s$	$20~\mu s$	$60 \ \mu s$	$10 \ \mu s$
Cost (USD)	\$202 (parts)	\$264 (parts)	\$4131 (2 channels)	\$6211 (+ \$4438	\$1708
		\$745 (assembled,	\$7462 (4 channels)	for software)	
		from Sanworks)	\$10327 (8 channels)		
Open source	Y	Y	N	N	N

Table 1: Comparison of Stimjim vs other related hardware. Cost was obtained as either the complete cost of the bill of materials (Stimjim and PulsePal) or quoted prices from distributors (STG400x, PHM-15x, ISO-01B). ^aISO-01B has a compliance warning sound if the load resistance is too high, but does not report actual current measurements. ^bCompliance voltage can be doubled by connecting both output channels in series.

frequencies, Stimjim generated accurate and highly consistent inter-pulse intervals (IPIs; Fig. 2A-C) and pulse widths (PW) (Fig. 2D-F). While worst case errors of 2 μ s (IPI) and 10 μ s (PW) were detected, typical performance exceeded the temporal resolution of our test equipment. For example, IPI and PW standard deviations were typically less than 0.5 μ s, which was the temporal resolution of our test equipment. For both IPI and PW, the absolute error magnitudes increased as the duration itself increased (Fig. 2C,F). However, the worst case absolute errors (2 μ s and 10 μ s) correspond to fractional errors of 0.0004% and 0.25% for IPI and PW, respectively. Finally, we assessed pulse amplitudes across a range of settings to ensure negligible DC offsets and proper gains. From -10V to +10V (the range of our test equipment), Stimjim produced accurate voltage and current amplitudes, with maximal errors of less than 40 mV and 2.5 μ A (Fig. 2G-I). Pulse rise and fall times were rapid (Fig. 2J and Table 2) and exhibited low noise (Table 2). However, we did observe small-amplitude (0.2 V) high-frequency spikes during voltage pulses, which resulting from reading the output voltage via the onboard ADC. If needed, users can remove the ADC read operation and eliminate these spikes. Current pulses did not exhibit such spikes because the ADC instead reads a buffered signal from the current-sense amplifier, not the actual output signal.

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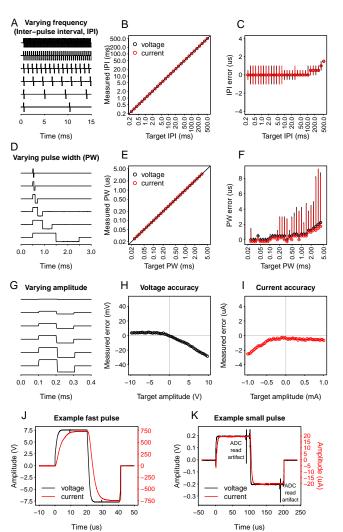
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Brain slice stimulation. We evaluated Stimjim for use in brain slice experiments. While Stimjim could not provide sufficient current for synaptic stimulation through pulled glass theta electrodes (resistance greater than 1 M Ω , data not shown), we were able to successfully stimulate pyramidal neurons in rat piriform cortex slices using monopolar platinum-iridium electrodes (100 k Ω). The exposed conical electrode tip was approximately 20 μ m long with a maximal diameter of roughly 5 μ m. We first placed a single stimulating electrode ap-

	Value	Units
Slew rate (voltage mode)	7.2	$V \cdot \mu s^{-1}$ $V \cdot \mu s^{-1}$
Slew rate (current mode)	3	$V \cdot \mu s^{-1}$
Output voltage noise (voltage mode) ^a	0.8	mV rms
	7	mV p-p
Output voltage noise (current mode) ^a	0.6	mV rms
	5	mV p-p
Min. voltage increment ^b	0.45	mV
Min. current increment ^b	0.1	$\mu { m A}$
Output impedance (voltage mode) ^c	180	Ω
Trigger latency	10	$\mu \mathrm{s}$

Table 2: Stimjim electrical characteristics. Parameters were measured on Instek GDS-1054B digital oscilloscope, full bandwidth (50 MHz). ^aCalculated for 100 ms segments. Note that this is the noise only when the pulse is delivered; at all other times the output is directly connected to ground. Voltage noise in current mode was measured with a 9.86 kΩ resistive load. ^bCalculated as output range divided by resolution of output DAC (16 bit). ^cvalue from from datasheet for Vishay DG509B (output switch).



Α В 70 Lateral olfactory tract (LOT) current (uA) 60 50 40 30 -60 P 20 -80 10 10 20 30 40 Time (ms) stimulating -60 P 50 µm -80 20 10 30 40 0 Time (ms)

Figure 3: Stimjim can be used for brain slice stimulation. (A) Pyramidal neuron in piriform cortex filled with CF633, showing locations of stimulating electrodes (red arrows) for cell recorded in (C). Setup for (B) was similar but with a different cell and without the LOT stimulating electrode. (B) Increasing stimulus intensity through an electrode positioned adjacent to basal dendrites of a pyramidal cell first variably evokes an action potential, and then eventually a second action potential. (C) Stimjim's two channels can be used to provide precise time-delays between different stimulus electrodes. This neuron was stimulated via an electrode positioned in the lateral olfactory tract (LOT) and another electrode adjacent to soma and basal dendrites. Trials are aligned to the stimulus artifact from the basal electrode.

Figure 2: Electrical benchmarks show Stimjim provides microsecond temporal precision and millivoltand microampere-scale amplitude precision. (A) Example pulse trains with varying inter-pulse interval (IPI). (B) Median IPI in a one-second pulse train measured on a highspeed data acquisition device, plotted against target IPI. Red dots show current output, black dots show voltage output. Solid line shows equality. (C) Plot of IPI errors measured in a 1-second pulse train. Points show median error, error bars indicate worst-case errors. (D) Example pulse trains with varying pulse width (PW). (E) Median measured PW vs target PW. Red dots show current output, black dots show voltage output. Solid line shows equality. (F) Plots of pulse width errors over 100 pulses. Conventions are the same as for (C). (G) Example pulses with varying amplitude. (H) Error in amplitude of voltage pulses (100 µs, 1 kHz) vs target amplitude. (I) same as (H) but for current pulses. (J) Example of a fast biphasic (20 μ s/phase) pulse. Red line is a 750 μ A current pulse (with a 9.86 k Ω resistive load), black line is a 7.5 V pulse. (K) Example of a small-amplitude pulse. Red line is a 20 μ A current pulse (with a 9.86 k Ω resistive load), black line is a 0.2 V pulse. Pulses shown (J) and (K) were measured on oscilloscope for higher bandwidth and reduced input capacitance.

proximately 100 μm adjacent to the soma amd applied 0.4 ms current stimulation pulses of gradually increasing amplitudes. With increasing amplitude, we observed increasingly rapid and reliable action potential generation, and eventually emergence of a second action potential (Fig. 3A).

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Next, we verified Stimjim's ability to provide coordinated pulses on two separate electrodes. We placed one electrode in the lateral olfactory tract (LOT), a thick layer of axons that courses through the apical dendrites of piriform pyramidal neurons. We then placed a second electrode approximately 100 μ m from the soma, near the basal dendrites. We generated variable delays (up to ± 3 ms) between LOT and basal stimulation (Fig. 3B). When LOT inputs were stimulated 0.5 ms after basal stimulation, but not before, we observed the most reliable generation of action potential. Outside of this window, action potential timing was variable and action potentials occasionally were not evoked. These experiments demonstrate Stimjim's potential for precise extracellular electrical stimulation in brain slices.

In vivo stimulation. To demonstrate Stimjim's utility *in vivo*, we used it to train mice in a classical paradigm

known as intra-cranial self stimulation (ICSS)³⁵. In this assay, animals are implanted with electrodes (or more recently optical fibers^{36;37;38}) enabling activation of a pleasure/reward-related brain region³⁹. Animals are then placed in a training paradigm in which they learn that a simple motor action (typically spinning a wheel or pressing a lever) causes direct activation of this brain region. Animals quickly learn the required action and are willing to repeat it for extended periods of time.

We trained two mice in a head-fixed variant of ICSS, in which animals could lick a sensor in order to obtain brain stimulation reward (BSR). We used a capacitive sensor attached to a small metal pole to detect licking, and every lick triggered a stimulus pulse train (0.5 seconds, initially 150 Hz and the minimal current at which animals would respond). To initially encourage licking, we placed a small amount of peanut butter on the metal sensor. After initial licking was reinforced by BSR, animals would continue licking long after the peanut butter was gone, including during the next session in which no peanut butter was offered. After animals had learned the licking behavior (usually within their first hour session), we varied the BSR frequency and amplitude and assessed how it affected licking behavior. Both animals showed clear frequency- and amplitude-dependent responses, in which animals ceased licking when the rewarding stimulation was insufficiently intense (Fig. 4).

We observed clear differences between the two animals. Mouse 1 shows a rather linear response to either increasing frequency or increasing amplitude, whereas mouse 2 had a more "digital" response akin to passing an activation threshold. However, maximal licking rates were comparable between the two animals. Such differences are likely due to electrode placement ³⁵, although they may also reflect intrinsically different personalities between the two animals. Stimjim provides a precise and cost-effective means to scan the space of stimulation patterns, which could be useful to ensure all animals are given stimuli yielding the same response level.

As a secondary test of Stimjim's ability to provide effective BSR, we placed head-fixed mice on a linear treadmill and recorded their running behavior for 20 minutes. We then offered BSR for every increment the mice ran on the treadmill, initially every 20 cm and linearly increasing up to 60 cm over the course of 20 minutes. As shown in Fig. 5, mice always ran faster when BSR was offered than when it was not (n=9 sessions across 4 mice, p=0.004, paired Wilcoxon rank sum test). This shows that Stimjim provides a cost-effective means of motivating mice to run, such as for experiments studying place cells or motor-related neural signaling.

Conclusions

We have introduced Stimjim, an inexpensive yet precise open-source stimulator for neuroscience. At a cost of

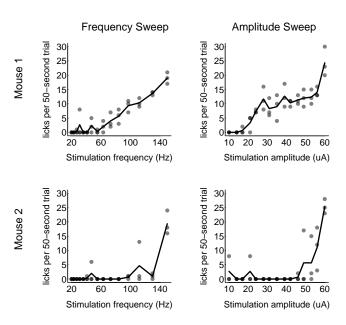


Figure 4: Stimjim enables measuring frequency- and amplitude-dependent responses in an intracranial self-stimulation paradigm. Mice decreased their licking rates when the frequency and amplitude of the rewarding stimulation decreased. For each animal, three frequency sweeps (highest to lowest frequency, one minute per frequency) were performed in a 45-minute session. Amplitude sweeps were performed in the same way. Each dot indicates a single one-minute trial, and the solid black line shows the mean of all three trials at that frequency or amplitude.

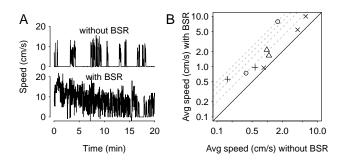


Figure 5: Stimjim can provide brain stimulation reward to encourage head-fixed running behavior. Head-fixed mice on a 1-D treadmill significantly increased their running when given BSR for every 20-60 cm they moved. (A) Example mouse showed occasional running bouts without any reward (top). However, when BSR was offered for every 20 cm the mouse ran (and gradually increased to every 60 cm by the end of the experiment), the mouse ran consistently for nearly the entire 20 minutes. (B) Speed was always higher when reward was offered, across four mice (symbols) and 2-3 sessions per mouse. Solid line shows equality, dashed grey lines show 2-, 3-, 4- and 5-fold increases.

roughly \$200 USD for parts, Stimjim is order of magnitude less expensive than commercial, proprietary alternatives. It offers microsecond temporal control of current and voltage with millivolt/microampere precision.

Stimjim's low cost opens up many potential applications, such as learning paradigms that involve direct electrical stimulation. Stimjim's open source nature makes it straightforward for researchers to customize the stimulation parameters and use Stimjim in closed loop experiments. Furthermore, researchers who were previously limited to training only one animal at a time due to possessing only a single stimulator could now train or perform experiments with ten or more animals simultaneously for comparable cost.

${f Acknowledgments}$

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S Conflicts of interest

JPN and MW are board members of Open Ephys Inc., a nonprofit that supports the development, standardization, and distribution of open-source tools for neuroscience research. The work described in this manuscript may be distributed through Open Ephys. None of the authors are receiving any financial compensation for their position on the board or for the work described in this manuscript.

$_{\scriptscriptstyle 57}$ ${f Methods}$

Stimjim fabrication and benchmarking. PCBs for Stimjim were ordered from JLCPCB and components were ordered from Digikey. Components were manually soldered to the PCB using solder paste and a soldering iron. After soldering, the pulse control program was downloaded to the Teensy using the Arduino IDE and Teensyduino. From that point on, Stimjim's settings were controlled via serial communication over USB. For benchmarking, we used a custom NI LabView program to set Stimjim's pulse parameters (frequency, amplitude, duration, etc.), initiate a one-second pulse train, and record both Stimjim channels using a National Instruments PCI-6110 card via a breakout box. This program is also available in the git repository.

Electrode implantation and ICSS. Monopolar electrodes (Plastics1, #MS303/2-AIU/SPC, coated stainless steel, 200 μ m diameter) were implanted above the medial forebrain bundle according to the protocol

in reference ³⁹. The ground was implanted in the contralateral cortex. Additionally, a 3D-printed headpost was affixed to the animal's skull by dental cement to enable head fixation. Typical resistance (100 μs pulse) between connector pins after implantation was 20-30 k Ω . All animal procedures were in accordance with guidelines established by the NIH on the care and use of animals in research and were confirmed by the Technion Institutional Animal Care and Use Committee (IL-012-01-18, valid until 10/4/2022).

Slice stimulation experiments. Coronal brain slices were prepared from the anterior piriform cortex from 28-40 day old Wistar rats. 300 μ m thick slices were cut in ice-cold artificial cerebro-spinal fluid (ACSF) bubbled with 95% oxygen and 5% CO_2 , then incubated for 30 min at 37 C and kept at room temperature afterwards. Whole cell patch clamp recordings were performed with an Axon amplifier (Multiclamp). Glass electrodes (6-8) $M\Omega$) were made from thick-walled (0.25 mm) borosilicate glass capillaries on a Flaming/Brown micropipette puller (P-97; Sutter Instrument). Intracellular pipette solution contained 135 mM potassium gluconate, 4 mM KCl, 4 mM Mg-ATP, 10 mM Na₂-phosphocreatine, 0.3 mM Na-GTP, 10 mM HEPES, 0.2 mM OGB-6F, 0.2 mM CF-633, and biocytin (0.2%) at pH 7.2. The ACSF solution contained 125 mM NaCl, 25 mM NaHCO₃, 25 mM Glucose, 3 mM KCl, 1.25 mM NaH₂PO₄, 2 mM CaCl₂, 1 mM MgCl₂ at pH 7.4. After patches were established, platinum-iridium electrodes for stimulation (Alpha Omega, #387-102S01-11, 250 μ m diameter, Parylene C and Polyamide coated, 0.1 M Ω) were placed in the lateral olfactory tract and in the basal dendrites roughly $100 \ \mu \text{m}$ from the soma.

Supplemental materials

In case of future modifications, the most up-todate details regarding Stimjim will be available at https://bitbucket.org/natecermak/stimjim. The following are included as supplemental materials for the version of Stimjim documented here (v0.18).

- Bill of materials: stimjim_bom.xlsx
- Fabrication files: stimjimFabricationFiles_v0.18.zip and stimjimPanelFabricationFiles_v0.18.zip
- Schematic: schematic.pdf

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